



PREGNANCY HELP CENTER
Galveston

2023

MINISTRY IMPACT

Report

Looking forward, while reflecting back.

CONTENTS

Letter From the Director	1
Our Mission, Vision and Strategy	2
The PHCG Model	3
Financial Statistics	4
Growth Statistics	5
Leah's Story	6
Client Testimonies	7
Medical Care	8
Education	9
Looking Forward	10
Volunteers	11
Expressions of Love	12
The Dream Team	13

LETTER FROM *Julie*



Since 2018, the Pregnancy Help Center of Galveston has been on a mission to provide help to families in a parenting or pregnancy crisis, as well as prevent these crises in the future. Apart from spreading the gospel's message, we genuinely believe this is one of the most crucial missions in America today.

Our goal has always been to equip and empower parents. We do this by providing emotional, spiritual, and physical help to overcome the obstacles they may be facing. 2023 was a season of significant advancement toward this vision and we could not have done it without you! You are why families with unexpected pregnancies believe they can have their baby and their dreams too.

In this report, you'll see the impact that your support has made on this community. Each life saved, each mom disciplined, and each family equipped is not a transactional change. It's a transformational change that affects generations.

Thank you for all your prayers, time, and talent that you've given to this mission. It's an honor to partner with you to help make abortion unthinkable through love.

A handwritten signature in black ink that reads "Julie Johnson". The signature is fluid and cursive, with a large, stylized "J" at the beginning.

Julie Johnson, RN
Executive Director

PRO-LOVE IN *Action*



MISSION

The Pregnancy Help Center of Galveston exists to meet the emotional, physical, and spiritual needs of individuals and families facing the challenges of pregnancy and parenting.

VISION

We dream that every individual with an unplanned pregnancy will have a place to go for love, support, and parenting resources.

STRATEGY

Through our relevant programs and relational support, we help individuals and families realize that they can have their dreams and their baby too.

THE PHCG MODEL



UNEXPECTED PREGNANCY



THE PHCG ULTRASOUND & PREGNANCY TEST



COUNSELING & SUPPORT



RESOURCES & OPTIONS



PARENTING EDUCATION & GROUP SUPPORT



MATERIAL SUPPLIES & BABY ITEMS



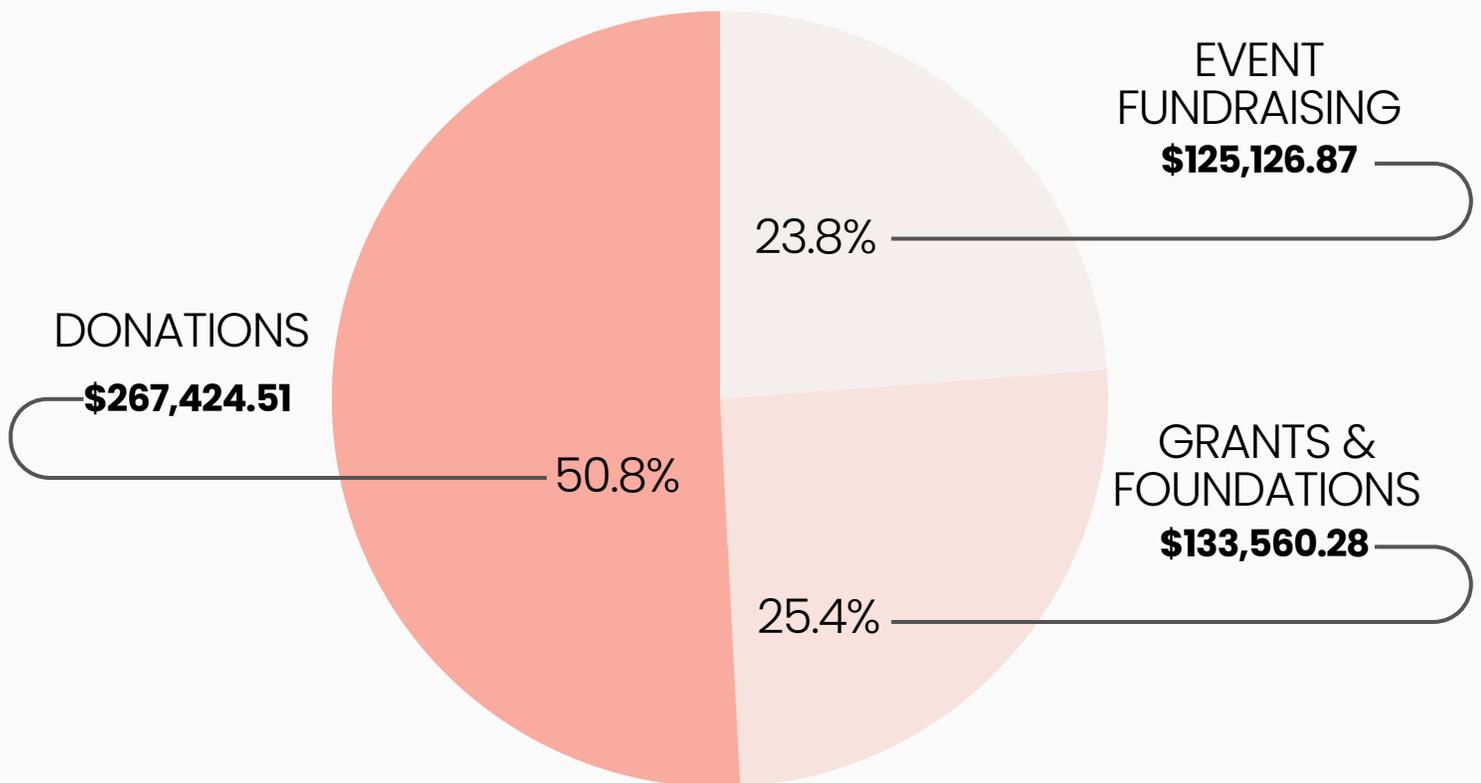
BIBLE STUDY



CHURCH FAMILY

\$526,111.38

2023 TOTAL FUNDS RAISED



DONATIONS

Every financial contribution from our PHCG partners, both large and small, makes a significant kingdom impact. These donations empower our ministry to change one life at a time for generations to come. In 2023, our general donations brought in \$267,424.51.

GRANTS & FOUNDATIONS

We are honored to partner with foundations that want to sow into this community and share the gospel with families impacted by an unexpected pregnancy. In 2023, we partnered with seven foundations that gave \$133,560.28 to be changemakers in the world.

EVENT FUNDRAISING

We are passionate about uniting churches and individuals who share our pro-love mission at PHCG fundraising events. Through our annual Gala and Baby Bottle Boomerang, we received generous contributions totaling \$125,126.87 from churches, individuals, and sponsors.

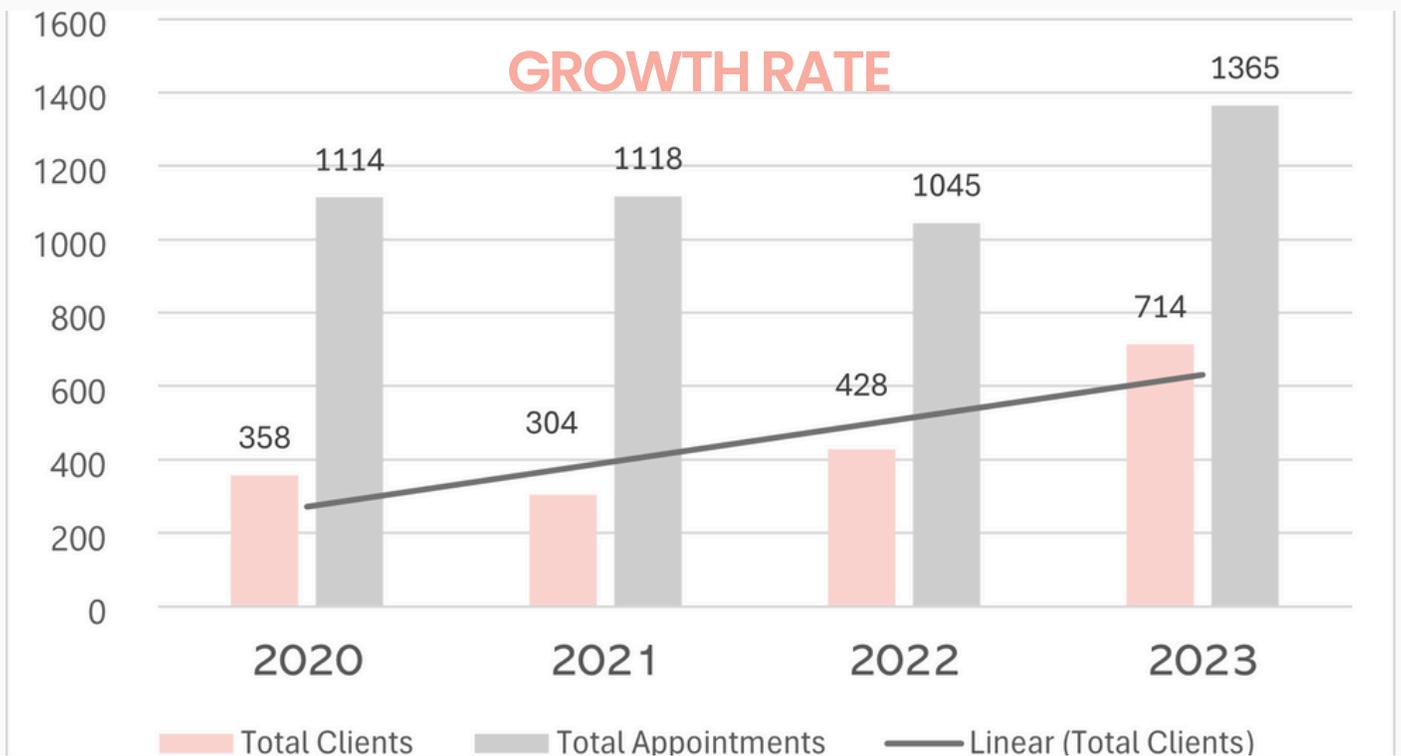
2023 A YEAR OF EXTRAORDINARY GROWTH

GROWTH IN 2023

714	Clients	40% ↗
360	Pregnancy Tests	24% ↗
368	Ultrasounds	29% ↗
48	Changed Minds	42% ↗

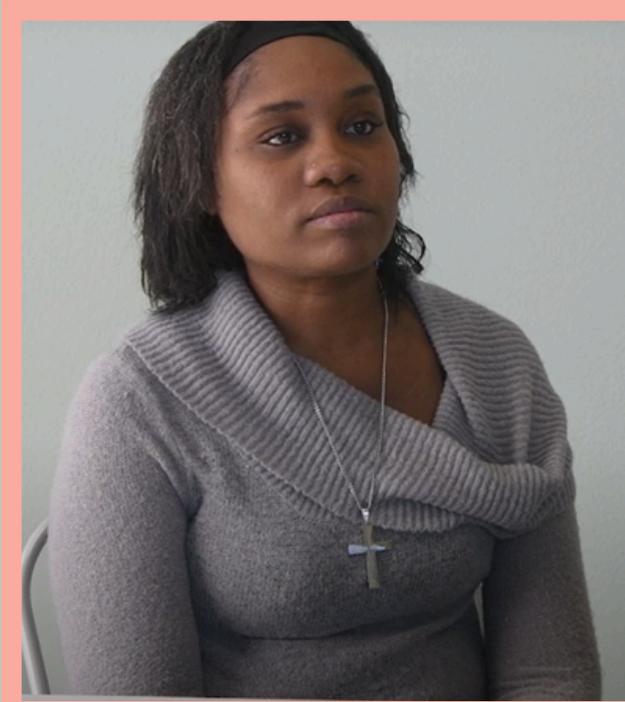
2023 WAS A YEAR OF HISTORIC GROWTH AT THE PREGNANCY HELP CENTER OF GALVESTON.

WE MINISTERED TO HUNDREDS OF PARENTS, ADMINISTERED A RECORD NUMBER OF ULTRASOUNDS, LAUNCHED NEW SPANISH SPEAKING PROGRAMS AND CLASSES, EMPOWERED AND TRAINED NEW LEADERS AND VOLUNTEERS TO ENSURE THAT EVERY PERSON WHO HAS AN UNPLANNED PREGNANCY HAS THE SUPPORT THEY NEED AND NO ONE WALKS ALONE.



LEAH'S STORY

A STORY OF HOPE, REDEMPTION, & LOVE



Leah came to the Pregnancy Help Center of Galveston seeking an abortion. As a single mom who had been left with her arm paralyzed after being hit by a drunk driver in 2017, she felt overwhelmed at the thought of raising a newborn. One day, while visiting her great-niece, she struggled to pick the baby up without assistance, which intensified her worries about her own pregnancy.

At the PHCG, Leah sought information about her abortion options and had an ultrasound. As she watched the screen, she was shocked to discover she was having twins.

During her visit, Leah received hope, prayer, and support. She was reminded that these babies were not a mistake but precious gifts, and she was assured that help was available.

In that moment, Leah realized,

“I cannot do this to these two living beings.”

Her family rallied around her; when she shared the news with her mom, she was met with excitement when her mom exclaimed,

“Two babies to love!”

Through the HOPE classes, Leah received essential items and support to help care for the twins. She is thriving, visits often, and has a joy in her heart that nothing can replace. She realized she was not alone on this journey and we are grateful to be a part of it.

[WATCH HER VIDEO](#)



LOVE IN ACTION: CLIENT TESTIMONIES



“They’re a great organization helped me at my worst.”

“Everyone is super friendly and nice and made me feel very comfortable and understood. Very non judgement 🍷”

“Everyone was soo sweet and comforting from the second I walked through the door.”



“The staff was EXCEPTIONAL in being supportive and caring and providing us with as much knowledge as possible. We are so grateful they were able to schedule us and provide us care!”

“They were so understanding and made me feeling so comfortable, calmed all my worries and made things a little easier ”

“So warming no judgements and very comforting. ”

“These ladies are so caring a loving. You will feel loved here, guaranteed. ”



“Feel so eased and over joy, make me feel so great ,and treating and encouraging me , thank you so much all of the staffs especially the counselor ”



360

PREGNANCY TESTS

With medical grade pregnancy tests, the PHCG confirms her pregnancy, and provides the essential proof of pregnancy required to obtain pregnancy insurance.



368

ULTRASOUNDS

Registered Nurse Sonographers provide limited OB ultrasounds, giving parents the chance to bond with their baby and view the life within them. These ultrasounds are crucial for confirming viability and ensuring that the baby is located in the uterus—essential information for making informed, life-changing decisions. Often it is during an ultrasound that parents make a life-giving choice for their baby.



RESOURCES & REFERRALS

Research shows that early prenatal care and intervention lead to the best outcomes for both pregnancy and fetal development. Our medical services include comprehensive nursing assessments and referrals to physicians and community partners. This support encompasses assistance with obtaining Medicaid, licensed counseling, and other necessary community resources. Additionally, women receive prenatal vitamins during their initial appointment.

MEDICAL CARE

The Pregnancy Help Center of Galveston is a medical clinic that provides free ultrasounds and pregnancy tests conducted by Registered Nurses trained in Limited OB Ultrasound, each having completed over 60 scans under the supervision of an RDMS or Physician. Dr. Jihad Harmouche, an OB/GYN, serves as the Medical Director, and all ultrasounds are reviewed by a physician.

At the PHCG, we can confirm the viability of an intrauterine pregnancy with a detectable fetal heartbeat as early as 5 weeks and 5 days. This information is vital for anyone facing an unplanned pregnancy and navigating a life-changing decision. Many expecting parents who come to the PHCG feel scared, confused, and trapped. Here, they are greeted with love, hope, and the knowledge they need to make informed life-giving choices.





HOPE, ESPERANZA, & MENTORSHIP 443 Classes Attended

Through dynamic teaching taught by experts in the field, this 12-week program equips and empowers expecting parents with knowledge while they experience hope and love through community support. Each semester includes gifts and essential supplies needed to care for their baby.



CAR SEAT SAFETY 106 Classes Attended

The PHCG has the only Certified Car Seat Safety Technicians (CST) on the Island. This class is offered in English and Spanish. Attendees receive a car seat, learn how to safely install it, and a CST ensures that it is installed correctly according to their vehicle type and all applicable laws and recommendations.



PARENTING FOR ALL AGES 366 Classes Attended

This in-person, three-week parenting program is primarily attended by parents referred by CPS and the court. As one of the few court-approved parenting programs on the Island, this class is essential for helping parents develop new habits and techniques for caring for their children. In addition, we offer evidence-based online classes that allow parents to choose topics that best meet their needs.

EDUCATION

The Pregnancy Help Center of Galveston offers 38 different parenting and pregnancy classes in both Spanish and English, taught in a group setting multiple times a year. Attendees from Galveston County and beyond have experienced the love of God while gaining hope for the future and acquiring parenting skills that will positively impact generations to come. In 2023, attendees completed a total of **790 live classes** in a group setting.

Additionally, using Bright Course Lessons, over 200 evidence-based classes online, which empower families on a variety of topics have been offered. Through these programs, attendees have completed **316 classes** and earned more than **550 essential items** needed to care for their children in 2023.



LOOKING FORWARD

Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. Proverbs 3:5-6

We are excited about all that God has in store for the PHCG, especially as we recognize the significant needs in our community. With your support, we have the vision and determination to achieve great goals in 2024.



MEDICAL CARE

The PHCG has three medical initiatives planned for 2024 to address pressing community needs. First, as chemical abortions become more accessible in Texas through mail-order services, the PHCG will offer Abortion Pill Reversal (APR) treatments. If a woman changes her mind within 24 to 48 hours after taking the abortion pill, this antidote can prevent the abortion from occurring.

Second, Houston and surrounding areas have some of the highest rates of sexually transmitted infections (STIs), which can threaten fetal health if untreated. The PHCG plans to offer STI testing for early intervention, improving outcomes and fostering relationships for future support.

Lastly, in light of current abortion laws in Texas, many women may experience complications after taking the abortion pill or traveling out of state for an abortion. The PHCG will provide post-abortion assessments, ultrasounds, and resources to assist these women.

ADDITIONAL SPACE

Since opening in 2018, the PHCG has experienced remarkable growth in clients, programs, volunteers, and staff. This data underscores our commitment to measurable progress and highlights a crucial goal for our future: acquiring a larger facility. As the number of classes and participants continues to rise, expanding our space has become essential to meet the growing needs of our ministry. We are excited to begin planning for this important next step!

EDUCATION

The PHCG plans to expand its parenting program with HOPE University, extending support beyond pregnancy. This initiative will offer additional in-person educational opportunities for parents of children of all ages, ensuring ongoing community support and improved outcomes for Galveston families

WE ARE THANKFUL FOR OUR

Volunteers

84

VOLUNTEERS
SERVED



2,761

VOLUNTEERS
HOURS



\$49,698

DOLLARS
SAVED

Are you ready to volunteer?

FRIENDS.PREGNANCYHELPCENTERGALVESTON.ORG



PRO-LOVE PRO ABUNDANT LIFE

This ministry thrives thanks to the many community members eager to share the love of Christ through their actions. They serve in various roles, including Board Members, Client Advocates, Task Managers, Meal Providers, Prayer Warriors, Teachers, and Mentors. We are deeply grateful for all our volunteers who dedicate their time to make a difference in the lives of others for generations to come!

**FOR EVERY PRECIOUS LIFE SAVED,
FOR EVERY HEART TURNED TO HIM,
FOR EVERY WORK OF LOVE DONE THROUGH THIS PLACE**

To God be the Glory!



THE *Dream* TEAM

PREGNANCY HELP CENTER OF GALVESTON STAFF

Julie Johnson, RN – Executive Director
 Donna Beberg – Executive Administrator
 Keileigh Russell, RN – Nurse Manager
 Heather Frey, RN – Nurse Sonographer
 Jennifer Sullivan – Client Services Coordinator
 Angela Quinones – Receptionist
 Krista Bower – Program Coordinator
 Terri Owens – Bookkeeper

PREGNANCY HELP CENTER OF GALVESTON BOARD

Chris Bower, Pastor – President
 Emily Fisher, Associate Judge – Vice President
 Erika Barragan, CPA – Treasurer
 Sara Martin – Secretary
 Nancy Attaway – West Isle Presbyterian Church
 Ginger Hopper – Sea Isle Church
 Larry Joiner – Coastal Community Church
 John Osby – PHC Lake Jackson
 Taylor Rivas – Church of the Living God
 Robert Standridge – Holy Family Parish



He makes the whole body fit together perfectly, as each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love. Ephesians 4:16

HELP HER HAVE HER *baby*
AND HER *dreams* TOO....

Follow along with the Pro- Movement



@friendsofphcgalveston



@phcgal_friends



PREGNANCY HELP CENTER
Galveston



GIVE TODAY

The Pregnancy Help Center of Galveston is a 501(c)3 non-profit

EIN: 82-2360835

FRIENDS.PREGNANCYHELPCENTERGALVESTON.ORG